

— THE —
ROCK
— INN —

— DINNER MENU —



SMALL PLATES

Salt And Pepper Wings

Coated wings with chillies and onion.
£6.95

King Prawns (gf)

Stir fried in garlic and chilli sauce.
£6.95

Garlic Mushrooms (v)

Served in a cream sauce on a crostini.
£5.95

Large Nachos (v)

With cheese, guacamole and sour cream.
£8.95, add Chilli for £2.50

Dirty Fries (gf)

Skin on gourmet fries with three cheeses, bacon bits and barbecue sauce.
£7.00, add Chilli for £2.50

SIDES

Skin On Gourmet Fries (gfo)

£3.50, add cheese for £1.00

Garlic Bread (v)

£3.00, add cheese for £1.00

Onion Rings (v)

£3.00

Side Salad (vg)

£3.00

CHILDRENS

Creamy Chicken Pasta (vo)

Sausage And Mash (vo)

Fish Fingers And Fries

Chicken Nuggets And Fries (vgo)

£6.95 per meal.

MAINS

Slow Roasted Lamb Shoulder

Served with creamy mash, mint gravy, puff pastry and seasonal vegetables.
£16.95

Confit Duck

Served with creamy mash, plum sauce and seasonal vegetables.
£14.95

Chicken And Chorizo Linguine (vo)

Pan fried chicken breast and chorizo finished in a creamy cheese sauce.
£11.95

Fish And Fries

Cornish ale battered Cod served with fries, peas and tartar sauce.
£13.95

Sausage And Mash (vo)

Served with creamy mash, peas and a red onion gravy.
£11.95

Beef Rendang

Fork tender Indonesian beef shin served with basmati rice and stir fry vegetables.
£14.95

Coated Hunters Chicken (gfo)

Coated breast with smoked streaky bacon, cheese, barbecue sauce served with fries and garnish.
£12.95

10oz Gammon Steak (gf)

Served with fries, fried egg and garden peas.
£14.95

Slow Roasted Pork Belly

Served with creamy mash, sage gravy, crackling and seasonal vegetables.
£14.95

Steak, Mushroom and Cornish Ale

Served with creamy mash, puff pastry and seasonal vegetables.
£12.95

Singapore Noodles (vgo)

Stir fried spicy rice noodles with mixed meats and stir fry vegetables.
£11.95

Grilled Fillet Of Seabass

Served with basmati rice, vegetables and a lemon and parsley butter sauce.
£13.95

Cottage Pie

Traditional recipe topped with cheese served with garlic bread and salad.
£11.95

Chicken Tikka Masala (vgo)

Creamy curry served with basmati rice, papadum and a mango chutney.
£12.95

Chilli Con Carne

Topped with grated mixed cheese, served with basmati rice, nachos, sour cream and guacamole.
£11.95

8oz Ribeye Steak (gfo)

Served with fries, grilled tomato, mushrooms, onion rings and garnish.
£18.95, add king prawns for £4.00

Add peppercorn or creamy mushroom sauce for £2.50

v = vegetarian vo = vegetarian optional vg = vegan vgo = vegan optional
gf = gluten free, gfo = gluten free optional

Allergen information is available on request.

*Please let a team member know about any intolerance to specific allergens prior to your meal.
Our chefs will do their best to accommodate your requests.*

BURGERS

Butchers Special

A 6oz beef burger, smoked streaky bacon, cheese, pickled red onion lettuce, tomato and burger sauce.
£11.95

The Mega Double

Two 6oz beef burgers, smoked streaky bacon, cheese, onion rings, fried egg, pickled red onion, tomato, lettuce and burger sauce.
£16.95

Volcano Hot

A 6oz beef burger, cheese, pickled chillies, lettuce, tomato and our chefs home made hot sauce.
£13.95

Cheese Meltdown

A 6oz beef burger, pickled red onion, lettuce, tomato and liquid nacho cheese.
£14.95

Southern Fried

Crispy southern fried chicken breast, lettuce, tomato and mayonnaise.
£11.95

Surf And Turf

A 6oz beef burger, king prawns, pickled red onion, lettuce and garlic butter.
£15.95

Seafood Special

King prawns, breaded wholetail scampi, lettuce, garlic butter and tartar sauce.
£13.95

Vegan Burger (vg)

Plant based burger with pickled red onions, lettuce, tomato mushrooms and vegan mustard mayonnaise.
£10.95

All are served with fries and garnish