

# THE ROCK INN DINNER MENU

## STARTERS

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### SALT AND PEPPER WINGS

House coated wings with chilli and onion  
£6.95

### GARLIC MUSHROOMS (V)

Served on a crostini in a cream sauce  
£4.95

### KING PRAWNS

Stir fried in a garlic and chilli sauce  
£6.95

### LARGE NACHOS (V)

With cheese, guacamole and sour cream  
£8.95, Add Chilli for £2.50

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## MAIN COURSES

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### SLOW ROASTED LAMB SHOULDER

Served with creamy mash, mint  
gravy and puff pastry  
£16.95

### SLOW ROASTED BELLY PORK

Served with creamy mash,  
crackling and sage gravy  
£14.95

### CHEFS HOUSE MADE CURRY (VGO)

Served with basmati rice  
£11.95

### SINGAPORE NOODLES (VGO)

Stir fried spicy rice noodles with  
mixed meats and vegetables  
£11.95

### FISH AND FRIES

House battered Cod served with fries,  
peas and our in house tar-tar sauce  
£12.95

### CHICKEN AND CHORIZO LINGUINE (VGO)

Pan fried chicken breast and chorizo  
finished in a creamy cheese sauce  
£11.95

### COATED HUNTERS CHICKEN

Coated chicken with smoked streaky  
bacon, cheese, BBQ sauce served  
with fries and garnish  
£12.95

### HOUSE MADE CHILLI

Topped with grated mixed cheese, served  
with basmati rice, nachos and  
sour cream and guacamole  
£11.95

### 10OZ GAMMON STEAK (GF)

Served with fries, fried egg and  
garden peas  
£14.95

### 8OZ RIBEYE STEAK (GFO)

Served with fries, grilled tomato,  
mushrooms, onion rings and garnish  
£18.95

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**PLEASE SEE REVERSE FOR BURGERS, SIDES  
AND CHILDRENS MEALS**

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**WE ARE PROUD TO LOCALLY SOURCE ALL OF OUR MEAT AND VEG**

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This menu is served Tuesday - Saturday 5pm - 8:30pm



# THE ROCK INN DINNER MENU

## BURGERS

### BUTCHERS SPECIAL

A 6oz butchers burger with smoked streaky bacon, pickled red onion and cheese with in house burger sauce  
£11.95

### THE MEGA DOUBLE

Two 6oz butchers burger with smoked streaky bacon, onion rings, a fried egg, pickled red onion, and cheese with in house burger sauce  
£16.95

### SOUTHERN FRIED CHICKEN BURGER

A crispy southern fried coated chicken breast, mayonnaise and salad  
£11.95

### VEGAN BURGER (VG)

Soy, chickpea and green pea burger with pickled red onions, mushrooms and vegan mustard mayonnaise  
£10.95

ALL BURGERS ARE SERVED WITH FRIES GARNISH AND COLESLAW

## SIDES

SKIN ON FRIES (GF) £3.50

SIDE SALAD (VG) £3.00

ONION RINGS £3.50

PEPPERCORN OR CREAMY  
MUSHROOM SAUCE £2.50

ADD CHEESE (GF) £1.00

GARLIC BREAD (V) £3.00

DIRTY FRIES £7.00

COLESLAW £1.50

## CHILDRENS MENU

CREAMY CHICKEN PASTA (VO)  
SAUSAGE AND MASH (VO)

CHICKEN NUGGETS AND FRIES (VGO)  
FISH FINGERS AND FRIES

£4.95 Per Meal

A DESSERT MENU IS AVAILABLE UPON REQUEST

V = Vegetarian, VO = Vegetarian Option

VG = Vegan, VGO = Vegan Option

GF = Gluten Free, GFO = Gluten Free Optional

*Allergen information is available on request. Please let a team member know about any intolerance to specific allergens and we will be able to say which dishes are safe to eat.*

*Our chefs will do their best to accommodate your requests.*

The Rock Inn Fore Street, Roche, St Austell, PL26 8EP

[www.therockinn.net](http://www.therockinn.net)

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# THE ROCK INN LUNCH MENU

## HOT CRUSTY BAGUETTES & JACKET POTATOES

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### CHEESE & BAKED BEANS

£7.95

### HAM & CHEESE

£9.95

### TUNA MAYONNAISE

£9.95

### SMOKEY BLT

£10.95

### CHILLI & CHEESE

£9.95

### CHICKEN & SWEETCORN

£10.95

### PRAWNS IN MARIE ROSE SAUCE

£10.95

ALL ARE SERVED WITH SALTED CRISPS AND GARNISH

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## LUNCH DISHES

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### SCAMPI & FRIES

£11.95

### HAM, EGG & FRIES

£10.95

ALL ARE SERVED WITH A SIDE OF PEAS

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## BURGERS

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ALL BURGERS ARE SERVED WITH FRIES, GARNISH AND COLESLAW

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## PLEASE SEE REVERSE FOR SIDES

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WE ARE PROUD TO LOCALLY SOURCE ALL OF OUR MEAT AND VEG

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This menu is served Tuesday - Saturday 12pm - 2:30pm

# THE ROCK INN LUNCH MENU

## SIDES

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**SKIN ON FRIES (GF)**

£3.50

**SIDE SALAD (VG)**

£3.00

**ONION RINGS**

£3.50

**ADD CHEESE (GF)**

£1.00

**GARLIC BREAD (V)**

£3.00

**COLESLAW**

£1.50

**DIRTY FRIES**

£7.00

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