

THE ROCK INN DINNER MENU

STARTERS

SALT AND PEPPER WINGS

House coated wings with chilli and onion
£6.95

GARLIC MUSHROOMS (V)

Served on a crostini in a cream sauce
£4.95

KING PRAWNS

Stir fried in a garlic and chilli sauce
£6.95

LARGE NACHOS (V)

With cheese, guacamole and sour cream
£8.95, Add Chilli for £2.50

MAIN COURSES

SLOW ROASTED LAMB SHOULDER

Served with creamy mash, mint
gravy and puff pastry
£16.95

SLOW ROASTED BELLY PORK

Served with creamy mash,
crackling and sage gravy
£14.95

CHEFS HOUSE MADE CURRY (VGO)

Served with basmati rice
£11.95

SINGAPORE NOODLES (VGO)

Stir fried spicy rice noodles with
mixed meats and vegetables
£11.95

FISH AND FRIES

House battered Cod served with fries,
peas and our in house tar-tar sauce
£12.95

CHICKEN AND CHORIZO LINGUINE (VGO)

Pan fried chicken breast and chorizo
finished in a creamy cheese sauce
£11.95

COATED HUNTERS CHICKEN

Coated chicken with smoked streaky
bacon, cheese, BBQ sauce served
with fries and garnish
£12.95

HOUSE MADE CHILLI

Topped with grated mixed cheese, served
with basmati rice, nachos and
sour cream and guacamole
£11.95

10OZ GAMMON STEAK (GF)

Served with fries, fried egg and
garden peas
£14.95

8OZ RIBEYE STEAK (GFO)

Served with fries, grilled tomato,
mushrooms, onion rings and garnish
£18.95

**PLEASE SEE REVERSE FOR BURGERS, SIDES
AND CHILDRENS MEALS**

WE ARE PROUD TO LOCALLY SOURCE ALL OF OUR MEAT AND VEG

This menu is served Tuesday - Saturday 5pm - 8:30pm

THE ROCK INN DINNER MENU

BURGERS

BUTCHERS SPECIAL

A 6oz butchers burger with smoked streaky bacon, pickled red onion and cheese with in house burger sauce
£11.95

THE MEGA DOUBLE

Two 6oz butchers burger with smoked streaky bacon, onion rings, a fried egg, pickled red onion, and cheese with in house burger sauce
£16.95

SOUTHERN FRIED CHICKEN BURGER

A crispy southern fried coated chicken breast, mayonnaise and salad
£11.95

VEGAN BURGER (VG)

Soy, chickpea and green pea burger with pickled red onions, mushrooms and vegan mustard mayonnaise
£10.95

ALL BURGERS ARE SERVED WITH FRIES GARNISH AND COLESLAW

SIDES

SKIN ON FRIES (GF) £3.50

SIDE SALAD (VG) £3.00

ONION RINGS £3.50

PEPPERCORN OR CREAMY
MUSHROOM SAUCE £2.50

ADD CHEESE (GF) £1.00

GARLIC BREAD (V) £3.00

DIRTY FRIES £7.00

COLESLAW £1.50

CHILDRENS MENU

CREAMY CHICKEN PASTA (VO)
SAUSAGE AND MASH (VO)

CHICKEN NUGGETS AND FRIES (VGO)
FISH FINGERS AND FRIES

£4.95 Per Meal

A DESSERT MENU IS AVAILABLE UPON REQUEST

V = Vegetarian, VO = Vegetarian Option

VG = Vegan, VGO = Vegan Option

GF = Gluten Free, GFO = Gluten Free Optional

Allergen information is available on request. Please let a team member know about any intolerance to specific allergens and we will be able to say which dishes are safe to eat.

Our chefs will do their best to accommodate your requests.

The Rock Inn Fore Street, Roche, St Austell, PL26 8EP

www.therockinn.net

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